



THE SCHOOL DISTRICT OF HARRISBURG

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DATE: September 8, 2023
TO: Harrisburg School District Employees, Parents, Guardians, and Students
FROM: Harrisburg School District's COVID Nurse Coordinator, Mrs. Melissa Fitzgerald, R.N., BSN
SUBJECT: 2023-2024 **General COVID-19 Protocols**

To support the health and safety of our employees and students and to mitigate the spread of COVID-19 in our schools and offices, the Harrisburg School District will continue to follow public health guidance from the Pennsylvania Department of Health and the Centers for Disease Control and Prevention. Effective immediately, all Harrisburg School District employees and students are required to adhere to the general COVID-19 protocols below. Thank you.

EMPLOYEES:

Employees should monitor themselves for symptoms of COVID-19, remain at home if one or more symptoms are present and test prior to returning to work. Employees are required to report if they test positive for COVID-19. Please email a picture of the positive test with the date of the test to Mrs. Melissa Fitzgerald, R.N., BSN at MFitzgerald@hbgdsd.us for further guidance.

SYMPTOMS SUGGESTIVE OF COVID-19 ILLNESS:

New symptoms that are not explained by a prior medical condition:

- ❖ Fever of 100.4°F or greater
- ❖ Muscle or body aches or headache
- ❖ Sore throat, congestion, or runny nose
- ❖ Cough or fatigue
- ❖ Nausea, vomiting, or diarrhea
- ❖ New or persistent cough
- ❖ New loss of taste or smell
- ❖ Shortness of breath or difficulty breathing

INFORMATION FOR PARENTS, GUARDIANS, AND STUDENTS:

Parents/guardians should monitor their children for symptoms of COVID-19. If symptoms (noted above) are present, the parent/guardian must keep the student at home and test the student. If the student is positive, please email Harrisburg School District's COVID Nurse Coordinator, Mrs. Fitzgerald, a picture of the positive test with the date at MFitzgerald@hbgdsd.us or call (973) 415-7738 for further guidance.

If the student does not test positive, please reach out to your child's pediatrician for further guidance. Positive cases will be asked to isolate for 5 days. They may return on the 6th day as long as they have not had a fever in 24 hours, their symptoms are improving, and they are able to wear a mask. Employees and students will be required to wear a mask for 5 additional days while in public and indoor places.

EMPLOYEES OR STUDENTS THAT ARE EXPOSED TO A POSITIVE CASE OF COVID:

An employee or student who is exposed to a positive case of COVID-19 will be able to continue to attend work or school, and should take these precautions.

- ❖ Self-monitor, or parent-monitor, for symptoms of COVID-19.
- ❖ Wear a mask for 10 days after the last date of exposure, and ideally get rapid or molecular testing (home tests are acceptable) within 48 hours of last exposure and again at day 5 if not experiencing any symptoms. **Masking should be maintained for 10 days.**
- ❖ If symptoms associated with COVID-19 develop after exposure, isolate, get tested and report the results to Mrs. Fitzgerald at MFitzgerald@hbgdsd.us. Click here for [resource information](#) from the PA Department of Health.

"We Are...One Harrisburg for ALL Students!"